

## RE-IMAGINING LAWINO AND CLEMENTINE

By Karine I. Ibrahim

My name is Karine Ibrahim, and I am currently in Form Four at Ebeneza Secondary School in Morogoro, Tanzania. While I enjoy reading literary works, my ultimate dream is to become a writer of non-fictional works.

Whenever I delve into literary works such as novels and poems, I find myself struggling to accept that the characters portrayed are mere figments of imagination, never having existed in reality. I wonder if this is a unique phobia of mine or a common experience among other fiction readers. Perhaps we could dub it "Karine's phobia," or assign any other fitting name to it.

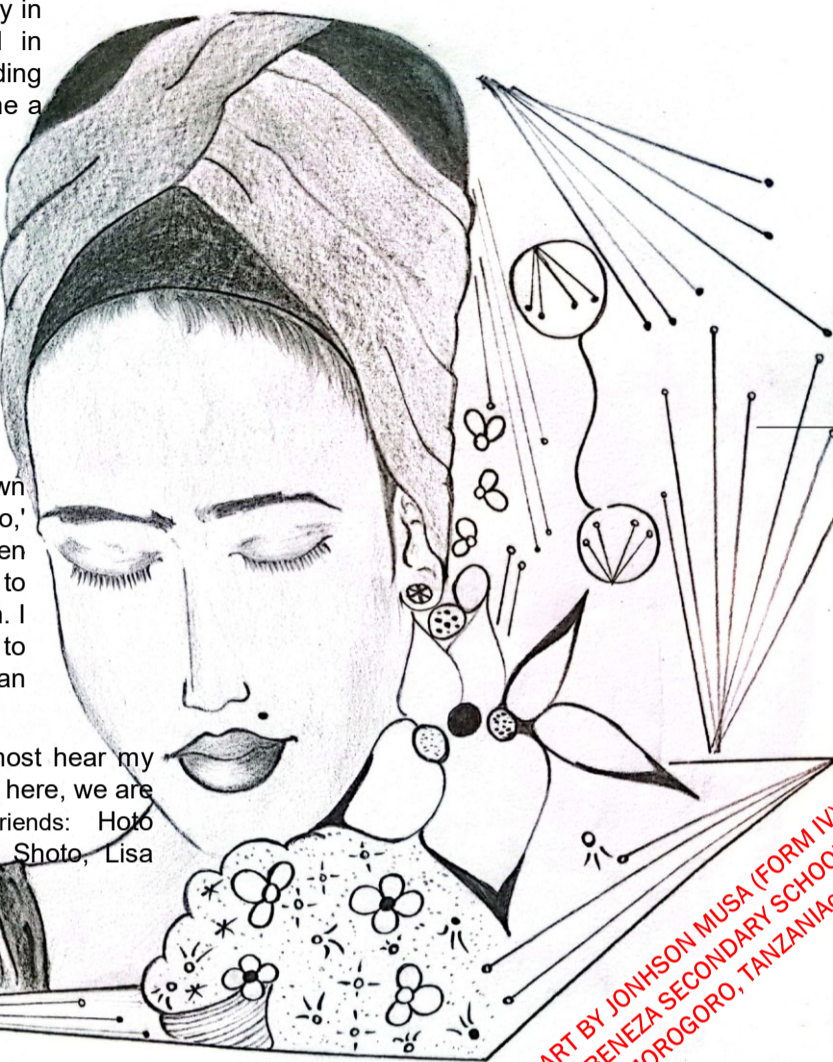
Consider the captivating African woman known as Lawino from Okot p'Bitek's 'Song of Lawino,' a narrative poem published in 1966. I often daydream about traveling back to the 1960s to visit Acholi villages and meet Lawino in person. I long to shake her hand and encourage her to continue her valiant fight to preserve African beauty. Where are you, Lawino?

In truth, this isn't merely a phobia; I can almost hear my friends speaking on behalf of Lawino: "We are here, we are the Lawinos." These are none other than my friends: Hoto Maila, Diana Kanduru, Liso Sembo, Happy Shoto, Lisa Michael, Judith Mkandeny, Mary Mangwea, Matha Mngwea, Kayla Salvatory, Theresia Paul, Glory Chaula, Rahel Fikiri, Miriam Braka, Lura Luchelo Gifty Danief, Elizabeth Oswald,

Enlightness Elia, Vanesa Magayane and Fustinah John. Thank you my friends; I stand with you as we embody the spirit of Lawino in our time.

The Lawinos regard natural beauty as a symbol of African pride. We proudly embrace our natural skin tones and appearances.

Step aside, Clementine! Take your cosmetics elsewhere. Your reliance on cosmetics has not enhanced your attractiveness but marred it instead.



There are countless Clementines out there! Oh, but they are mere masks. Some Clementines even go to great lengths, journeying overseas to alter their bodies. Yet, despite the risks of skin cancer, they refuse to learn.

My friends, let us align ourselves with Lawino by embracing our natural selves. Natural beauty surpasses the harm caused by harmful cosmetics, laden with chemicals that can lead to various health issues, even death.

**'Believe in your self, black is beauty'.**

## We Left Lasting Impact on Johannesburg and Nairobi



My name is Allan Raymond and am in form two at Savannah Plains High School. I am the head of Debate club and took this role in 2023 before heading to Pan African Debate Championship which was held in Johannesburg, South Africa December, 2023.

I feel privileged to be in a debate club at my school, more important being at Savannah Plain High School. My school has been a paradise of opportunities to me since I started secondary school journey as each holiday it connects me and my colleagues to either study tours or international tournaments. This exposure has been pivotal to open to us the 21<sup>st</sup> century horizon in a more different way.

Just to mention, in a gripping display of oratory prowess, our team member, Yolanda Henjewe left a lasting impression on Johannesburg as she emerged victorious in a prestigious public speaking tournament. The event, which drew participants from across the African continent, showcased the finest young orators competing for the coveted title on December, 2023.

Not only that but also our colleague, Iman Gandhi left a thousand mouths open in the East African Debate Championship held in the heart of Nairobi-Kenya in April 2024. The competition unfolded against a backdrop of anticipation and nerves. Students from various schools across Africa gathered to showcase their eloquence and mastery of rhetoric. Among them, Imani stood out not only for her commanding presence but also for the compelling content of her speech.

For our school, this triumph marks a milestone in its history, underscoring the institution's commitment to nurturing us in a well-rounded manner. On the other hand, our debate club Mentor, Madam Josephine Kinyunyi has been a beacon to our own achievements. Moreover, the school administration in general remains an inspiration towards our achievement.

Generally, many of our club members have become inspirations not only to peers at our school but beyond the walls of Savannah Plains High school. This victory is our testament to the power of education and determination, proving that with dedication and passion, one can indeed leave a lasting impact on the world stage.

## WELCOME TO TIVO CLUB



While school leaders, government agencies and educational stakeholders are aware of the significance of 21<sup>st</sup> Century Skills to students' future, pressure from parents make it hard for schools to deliver them effectively.

Most of parents trust monthly, terminal and annual examinations as a sole measure for their children's achievements. They do not consider the role of 21<sup>st</sup> Century Skills to their children's future. This leads to such children remain uncritical to 21<sup>st</sup> century challenges.

It is in this light that Tanzania Inclusive Vision Organisation (TIVO) has established TIVO CLUB with the aim of supporting schools to promote 21<sup>st</sup> century skills among the learners.

TIVO CLUB uses three tools to achieve this goal namely; TIVO Poster, TIVO Talk and TIVO Project Based Learning.

**Marlius Merchory,**  
TIVO-Executive Director.

## WELCOME TO TIVO POSTER



TIVO Poster is both a print (noticeboard) and online publication dedicated to promote collaboration, communication, creativity and critical thinking skills to learners through collaborative writing and publication. TIVO Poster engages students of different levels (Primary, Secondary and college students) to research and write on topical issues for publication consideration.

TIVO Poster gives an opportunity for learners to write in different forms; diaries, articles, letter, poetry, narratives, drama script etc. Students from different parts of the country, regions and world can collaborate and showcase their talents and ideas.

The print out, collection of quoterly written works are published on an A3 poster and posted on a school notes board or in the library where TIVO club operates so that may be read, digested and challenged by the public.

In this issue we spotlight out students activities collected in June-August, 2024. Welcome and have a look.

**Masanja Tungu,**  
Chief Editor-TIVO POSTER,  
Lecturer, Mzumbe University.

## Nyegezi Bus Stand Passengers Must Attend a Class at Kasese Secondary School: A Call for Environmental Awareness

By Baraka Albinus, Form two, Kasese Secondary School, Mwanza.

My name is Baraka Albinus, and I am currently in Form Two at Kasese Secondary School, which is situated just a short distance from the Nyegezi Bus Stand, Mwanza City, Tanzania.

According to a report by Boniphace Masalu published in The Daily News on June 8, 2023, Nyegezi Bus Stand is a significant development for Mwanza city. The government allocated 15.8 billion Tanzanian shillings and the project started on February 5, 2019.

The bus stand can accommodate 150 vehicles simultaneously. It is featured with shops, lounges capable of serving 7,400 passengers, toilets with more than 60 stalls, a bank, 38 ticket booths, and a designated area for breastfeeding mothers.

I extend an invitation to all passengers who utilize this bus stand to take a brief minutes visit to our school. This visit will offer a unique opportunity to learn how rocky land can be transformed to support vegetation, including gardens and trees.

When I was at Ibanda primary school, I remember passing through the very site where Kasese Secondary School now stands. It was once a barren landscape, littered with disorganized rocks. I consider myself fortunate to be among the inaugural students who joined this school when it was established.

I urge you to follow my story and share it with passengers at Nyegezi Bus Stand. I feel privileged to be part of the transformation that has turned this area into a vibrant and welcoming environment, one that fills me with confidence as I invite visitors arriving in Mwanza via the Nyegezi bus stand.



ENVIRONMENT CLUB MEMBERS AT WORK  
PICTURE BY JAMES JACOB (FORM II)

On the launching day, we planted 1,002 trees, an initiative led by our headmaster, Mr. Mathew Kachwele Satongina, in collaboration with our dedicated environmental teachers.

Each student received a tree and was educated on the importance of caring for these plants, ensuring that we all play a role in nurturing our environment.

Students were instructed on essential care practices, including watering and applying fertilizers, to provide the necessary nutrients to our trees. We planted both fruit-bearing and shade trees, acknowledging their vital role in our ecosystem.

The success of this initiative has been remarkable; all the trees have thrived, thanks to the collective efforts and commitment from students, environmental teachers, and our headmaster.

As we celebrate the growth of these trees, it is crucial that we continue to nurture them. They offer significant benefits, including providing shade, yielding fruits and serving medicinal purposes. Moreover, they have advantage of carbon sinking in combating increasingly carbon emission.

This initiative has the potential to foster a culture of environmental stewardship among students and the broader community.

I firmly believe that more than 7,000 passengers who pass through Nyegezi Bus Stand each day can play a pivotal role in spreading awareness about environmental conservation.

If each visitor takes even a brief moment to engage with our school and its initiatives, they can help transmit vital knowledge about sustainability and ecological care throughout our country.

We invite you to visit Kasese Secondary School, not just as a stop on your journey, but as a chance to witness firsthand how a transformed landscape can inspire a generation of environmentally conscious citizens.

Together, we can foster a sense of unity and responsibility towards our environment, ensuring that our efforts yield lasting benefits for all.

Thank you for considering this invitation. Welcome to Kasese Secondary School where we cultivate a greener future.

## A Librarian Role is a Blueprint of All forms of Leaderships.

By Careen J. Kidunda, Form IV, Muungano Usa River Secondary School.



Good day, everyone. My name is Careen Jonson Kidunda. I am a form four student at Muungano Usa River Secondary School, in Arusha-Tanzania.

I have the honor of serving as the librarian at Muungano Usa River Secondary School. Today, I stand before you to discuss the insightful connection between strong leadership and the qualities that define a good librarian.

Leadership is not just a title; it is the interpersonal ability to influence others to achieve specific goals. As Donald Trump once said, "What separates the winners from the losers is how a person reacts to each new twist of fate." It is our response to challenges that shapes our destiny as leaders.

My first taste of leadership came when I was in primary school, where I was chosen to be an academic prefect. It was the first step on my path that has shaped my character and aspirations as a leader. However, I often felt the need to be firm, which sometimes made me appear harsh or unapproachable during those early times of my leadership.

In my role as a librarian, I have embodied some qualities that are essential for effective leadership as follows;

First and foremost, punctuality is a critical attribute of both librarians and leaders. Just as a librarian ensures that books are available and accessible at all times, a leader must be present and reliable for their team.

Responsibility is another cornerstone of leadership that resonates with the role of a librarian. A librarian curates knowledge and nurtures a love for learning within their community. Similarly, a leader must be responsible for fostering growth and development among their team members.

Accountability is equally vital. Good librarians hold themselves accountable for the resources they provide, ensuring that every book and piece of information is accurate and beneficial. In leadership, accountability is the glue that binds a team together. It is what makes a leader trustworthy.

Furthermore, a librarian fosters a sense of community and collaboration. He/she creates an environment where everyone feels welcome to explore ideas and seek assistance. This quality is invaluable in leadership. A leader must emphasize cooperation and unity, much like a librarian promotes solidarity among readers. By creating a culture of inclusivity, we can inspire others to come together for a common purpose.

Finally, communication is the lifeblood of both librarianship and leadership. A librarian communicates the wealth of knowledge available, guiding others to discover and learn. Similarly, effective leaders must articulate his/her vision and inspire others through his/her words.

In conclusion, my journey from a young student with dreams of leadership to a librarian has been enlightening. The qualities that define a good librarian are punctuality, responsibility, accountability, collaboration and communication. Together, we can inspire a generation of leaders who will embody these principles and uplift our nation, Tanzania.

Welcome in Muungano Usa River Secondary School library.

## A Rare Encounter in the Forest; Blending Narrative and Descriptive Writing

Anonymous Student, Joseph and Mary Secondary School, Magu.

Have you ever heard of the elusive **Soka snake**? It is a mysterious snake. This snake is seldom spotted in the wild.

Imagine my surprise when I stumbled upon this extraordinary creature when I was gathering firewood in the forest.

At first glance, I mistook it for a shimmering bracelet, but what truly captivated me was its ability to transform its colors from a fascinating blue to a vibrant yellow and finally to a striking red hue.

As I observed this charming creature slide through the vegetation, I couldn't help but wonder at the intricate patterns and kinds that decorated its sleek body.

As I watched the Soka snake gracefully navigate its way through the forest, I couldn't help but ponder the importance of preserving the habitats of such magnificent creatures.



### What do I learn From Soka Snake Uniqueness?

The delicate balance of ecosystems relies on the existence of puzzling species like the Soka snake. This ecosystem reminds us of the interconnectedness of all living beings on our planet.

The sighting of the **Soka snake** serves as a emotional reminder of the wonders of the natural world and the need to protect and cherish its diversity.

Its mystical presence in the forest serves as a testament to the extraordinary beauty and diversity of the natural world.

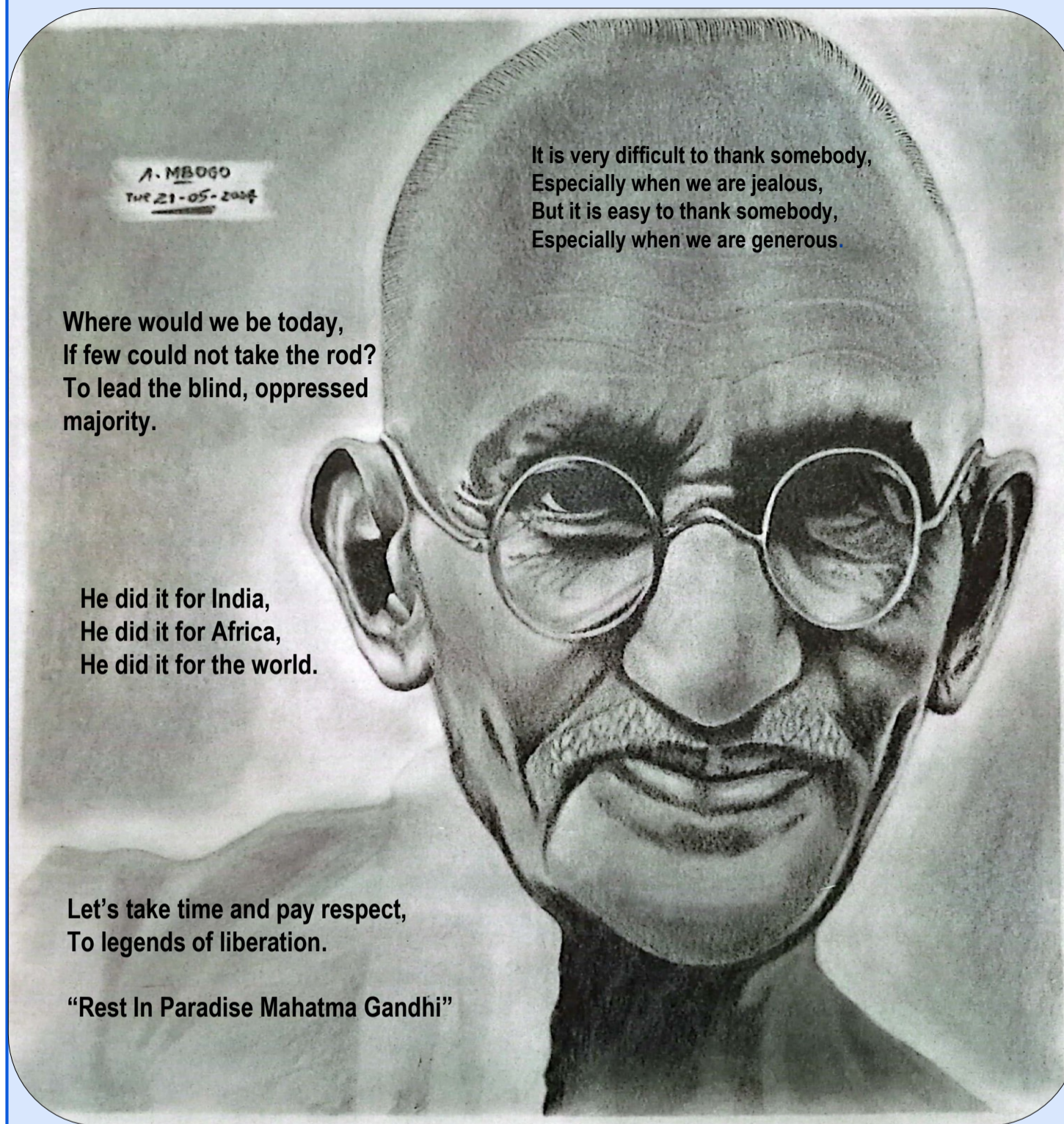
Let us treasure and protect such magical creatures, ensuring that they continue to thrive in their natural habitats for years to come.

In conclusion, the encounter with the Soka snake was a rare and enchanting experience that left a lasting impression on me.

May we continue to marvel at the beauty of creatures like the Soka snake and strive to ensure their survival for generations to come.

## Remembering Legends: A Tribute to Mahatma Gandhi

Poem and Art by Abraham Mbogo Rubavu, Form V HGL Mzumbe Secondary School



## Remembering Legends: A Tribute to Mahatma Gandhi

Thematic Analysis by Sabrina R. Jegga, Neema N. Marwa & Theodosia Kabuguzi. Form IV, Jangwani Sec. School.

Mahatma Gandhi is a name that resonates with peace, non-violence, and the struggle for freedom, a figure that many remember and respect. In the poem "Remembering Legends: A Tribute to Mahatma Gandhi", Abraham Mbogo Rubavu from Mzumbe Secondary School pays tribute to Gandhi and highlights his contributions to liberation movements across the world.

This poem serves as a reminder of the importance of gratitude and respect for those who have dedicated their lives to the fight for justice. More elaboration here under;

The poem begins by acknowledging the difficulty of expressing gratitude, especially when feelings of jealousy arise. This sentiment is particularly relevant in a world where competition and envy can overshadow our ability to appreciate the achievements of others.

However, the poem contrasts this with the ease of thanking someone when we approach the world with a spirit of generosity. This sets the tone for the poem, which ultimately encourages readers to reflect on the importance of recognizing and honoring those who have made significant sacrifices for the greater good.

One of the key lines in the poem states, "If few could not take the rod to lead the blind, oppressed majority." Here, the "rod" symbolizes leadership and guidance. Gandhi took on this role, leading a movement that aimed to free India from British rule. His strategies of non-violent protest and civil disobedience inspired countless others around the globe. This line underlines the notion that true leaders emerge in times of struggle, guiding the oppressed towards freedom and justice.

Gandhi's influence extended beyond India. The poem notes, "He did it for India, He did it for Africa, He did it for the world." This recognition emphasizes that Gandhi's philosophy of non-violence and civil rights transcended borders. His teachings inspired leaders in various parts of the world.

Moreover, the poem calls to take time and pay tribute to "legends of liberation." This line serves as an important reminder that we must acknowledge and honor those who have fought for justice and equality. By remembering figures like Gandhi, we can learn from their teachings and continue their work in our own communities.

The closing line, "Rest In Peace Mahatma Gandhi," symbolizes not only the end of his life but also the enduring legacy he left behind—a legacy that encourages us to strive for peace and justice.

In summary, poem "Remembering Legends: A Tribute to Mahatma Gandhi", is more than just a tribute; it is a call to action in a number of ways;

1. It challenges us to express gratitude for those who have paved the way for freedom and equality.
2. The poem illustrates the complexities of human emotions, urging us to move past jealousy and embrace generosity.
3. As students and future leaders, it is essential to learn from the past and recognize the contributions of those like Mahatma Gandhi, who have fought tirelessly for a better world.
4. By honoring their legacies, we can continue to advocate for justice and inspire future generations to do the same

## CHAMPION GIRLS REPRESENTATIVES: SEBASTIAN MAHAMBA'S MENTEES



I am Magreth, Mwanza secondary school.

I am a talented commentator, I can imitate voices and stories that inspire many students. I wish to use my talent by presenting in one of the big media.

I share my talent with other girls in my school. I founded the "Wadada Talents", a group of five girls at our school.

We use our group to perform, showcases and entertain people in different events at our school.



My name is Prina, Form three, Musabe girls secondary school.

My participation in the IQ challenge enhanced my ability to start projects.

I initiated programme called "girls science corner". In this project we work in the support of our teacher, Mr. Kanyoro where we plant trees that help in specimens during science practices.

I lead other girls to plant ferns, hibiscus flowers, moss and keep earthworms.



My name is Joyce, form four, Pamba secondary school.

I thank the team of teachers who coached us how to present topics and also to be confident in the TV shows.

I initiated the "Mazingira Salama" program where we share with other girls to keep healthy and protect our environment.

We are supported by my teachers in tree planting events at our school.

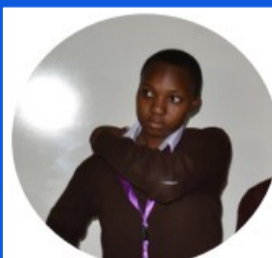


My name is Yvonne form four, Sumve girls sec. school.

I thank the IQ team for reaching Kwimba district. I experienced a lot during the challenge.

I initiated "Shika kwa mkono" program as an experience from the challenge. This project is for girls at our schools with different innovations.

I collaborate with my fellows to do science experiments, Biology being our subject of priority.



I am Halima, form three, Mnarani sec. school, Mwanza

The IQ challenge program has been helpful to students in Mwanza to challenge ourselves.

I was selected to present science topics such as 'Power'. I used local wire, wheat flour, lemon and potatoes to connect electricity.

Now I work closely to my physics teacher for more innovation in science field. Science is for both boys and girls.

## Timbo's First Month After Graduation.

Story Developed by Anzi Ashery George, Form One- Azania Secondary School, Dar Es Salaam.

After graduation, Timbo returned home and started thinking about his future. He had many questions in his mind: How would he fit into the world? How could he help his family? What job should he choose? These questions made him feel worried, but also made him want to work hard to succeed.

Soon, Timbo got a job. On his first day, he felt excited but also nervous. As he stood in front of the office door, he felt scared. What would happen inside? He took a deep breath and opened the door, ready to face whatever came next.

On his second day, Timbo felt more confident. He found a computer waiting for him, and it made him smile. He started working hard and enjoyed his tasks. The hours went by quickly as he focused on proving himself.

However, as the day continued, Timbo began to feel tired. He realized he had been working too hard. To recharge, he took a break and had a cup of tea. But even after the break, he still felt sleepy.

Despite being tired, Timbo kept working. But soon, he found himself dozing off at his desk, resting his head on the keyboard. He lost track of time and woke up, realizing he had missed a lot of the day.

When he stepped outside, a colleague was laughing and pointing at him. Timbo felt embarrassed but also hungry. Even though the laughter hurt his feelings, he knew he shouldn't let it get to him. He was determined to remember that his worth wasn't based on what others thought.

In that moment, Timbo learned an important lesson: facing challenges helps us grow. His first month after graduation was tough, but it was also a time for him to grow as a person. Timbo understood that every challenge was a chance to learn and become stronger.

### Moral of the story:

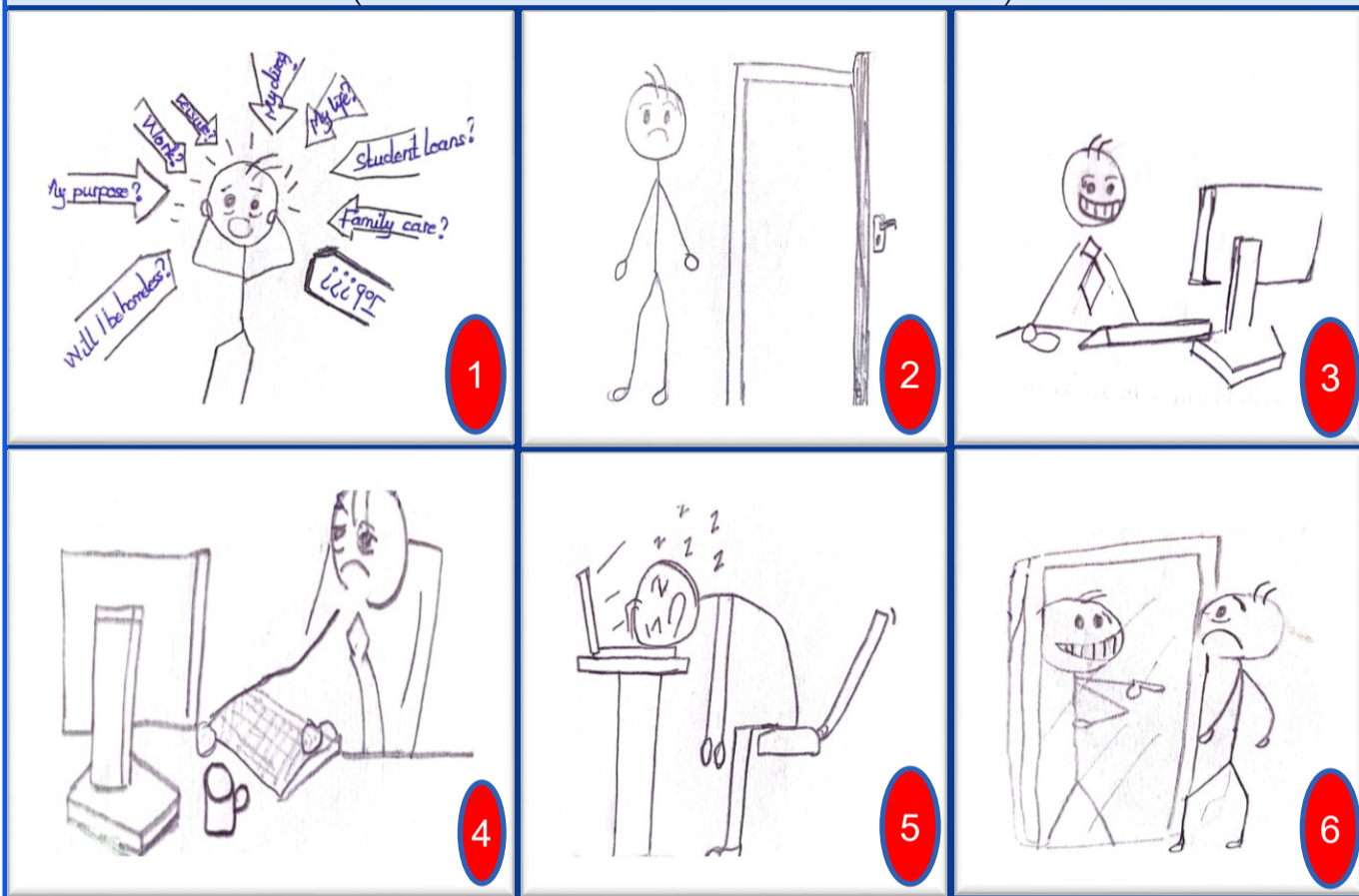
Timbo's journey after graduation was filled with both successes and difficulties. From the excitement of graduating to the reality of working, he faced fears and obstacles that tested him. Through hard work and determination.

His story reminds us that even if the path is hard, every step we take leads us closer to success. Just like Timbo, we all have the power to shape our futures, no matter what challenges we face along the way.

## TIMBO'S FIRST MONTH AFTER GRADUATION

Story Introduction and art by Nasra Mrisho Juma, Morogoro Secondary School.

Once upon a time there was a boy called Timbo. He was enthusiastic and charming boy. All his studying life worked very hard, till he finally reaped his good work. This meant a lot to him and so made his parents proud. Finally, he joined a university and continued studying with determination. He graduated and became a valedictorian where he delivered a good speech at his graduation ceremony on behalf of his fellow students. Timbo was honoured to get that opportunity. Well after delivering that speech, Timbo had to go back to the community and apply what he learnt... (Develop the story basing on image 1 to image 6)



## Timbo's First Month After Graduation.

Story Developed by; Delicia Alistides (iv), Gonza Amri (iii), Mwema Raulent (iii), Chrenkuis Rwejuna (iii)- Chabalisa Secondary School, Karagwe.

After graduation, Timbo felt excited and motivated. He wanted to help his community and use what he had learned in school.

However, as he thought about his future, he started to feel confused. He wondered what job he should get? Would he have time for fun outside of work? Would he one day start a family? These questions made him unsure about what to do next.

After thinking it over, Timbo decided to apply for a job in an office where he would work with computers and technology. He believed this job would help him find the right path for his future.

When he got the job offer, he felt overjoyed. It was a moment of relief and happiness for Timbo. All of his hard work had paid off.

However, as time passed, Timbo started to change. The excitement of his new job began to wear off. He became careless and didn't take his responsibilities seriously. He even came to work drunk and fell asleep at his desk.

Timbo began to forget the values that had helped him succeed. He lost sight of the importance of being responsible and doing his job well. His manager noticed that Timbo was not performing well. The manager felt disappointed and angry about Timbo's change in attitude.

After much thought, the manager made the tough decision to let Timbo go. He told Timbo he needed to look for another job. This experience was a harsh lesson for Timbo, who had once was so dedicated to his success.

### Moral of the story:

Timbo's story teaches us a valuable lesson about responsibility. Success is not just about achieving our goals; it's also about maintaining them.

Hard work is important, but we must also respect our responsibilities and remember where we came from. Each choice we make can greatly affect our future.

Timbo's journey teaches us that achieving our dreams is only the beginning of our story. Therefore, we should strive to make choices that reflect our hard work.

Timbo's experience shows that success is not just about reaching the top; it is also about staying true to our values and being responsible in our lives.

## The President's Portrait Accorded Me a Medal in the 2023 Cluster Tabora Drawing Championship, Now Seeking Support to Attend Art College.

By Elius Edwin Stanslaus, Former Student at Cheyo Secondary School, Tabora.



Elius E. Stanslaus, Third Winner 2023 at Cluster Tabora Drawing Championship.

My name is Elius Edwin Stanslaus, and I am 19 years old.

I am eager to learn, grow, and contribute to the art community. I believe that art is not just a passion for me; it is a way to express myself and make a living.

I am sharing with you one of my works (Mama Samia Portrait), and I believe this work can attract some support to succeed in my journey as an artist. Welcome to my story;

I was born in Kyerwa District, Kagera. Sadly, my father passed away, and I moved to Tabora to live with my aunt.

I completed my primary education in 2019 at Mihayo Primary School in Tabora Municipal. In 2020, I joined Cheyo Secondary School, where I finished my studies in Form Four last year, 2023, earning a Division IV.

One of my greatest talents is drawing. I have participated in several drawing competitions and have achieved some success.

A significant moment for me was when I took part in the "Cluster Tabora Drawing Championship" on July 5, 2023. During this competition, I drew a portrait of our beloved president, Mama Samia.

I was thrilled to be among the top three winners and received a medal along with ten thousand Tanzanian shillings. That day made me realize how fine art could be a source of income.



Third Winning Art in the 2023 Cluster Tabora Drawing Championship.

My dream is to become a fine art entrepreneur. My aunt, who has provided immense support, has been searching for colleges that nurture artistic talents, but she has not had much luck.

I wish I could find a sponsorship to attend a college that specializes in fine arts and business. This would allow me to fully develop my talent.

I believe that through TIVO POSTER, I might connect with someone who can support my skills and help me achieve my dreams.

If you would like offer advise/support, you can contact my aunt, Janeth Msenyale at +255629787582, or reach out to Mihayo Secondary School, my former school.

My name is Shanell Simon Ahia. I am in form five (PCB) at Leguruki High School in Arumeru. I like my school because my teachers give me hope of becoming successful person.

My school is different compared to schools I have been in my previous education levels. We learn computers regardless of our combination and I wish all other schools would be doing the same.

However, there are some things I wish our school and country's education system would improve especially when I remember my brother Ozil.

Ozil, my brother who graduated from university in 2014 with a great disappointment. He studied computer science and was one of the students who scored higher grades.

## Proposing a 21<sup>st</sup> Century Education Setting

By Shannell Simon, Form Five PCB, Leguruki High School-Arumeru.

However, it was a disappointing moment as he faced challenges in securing employment.

As a form five (PCB) student at Leguruki High School in Arusha, this situation raises concern about my future. I am worried if the employment setting will remain the same or will have changed by the time I graduate.

Who should change the employment setting? It is the education system which can influence that.

We as students invest countless hours and face pressure from our parents and relatives to achieve good results. But when I remember about my brother Ozil, I ask myself, what are those results for? I feel like something must be done for the betterment of our future.

I wish a revolution of the education system in my country. I wish the following be included in all high schools' subjects in all combinations, arts, science, business in the whole country.

If my school which is not located in town can do that, other schools can do it as well. The following are areas that can help in education transformation;

Firstly, the education system should include programs that empower us to be self-reliant and innovative. It will be possible if education system incorporates practical skills to every subject so that we turn what we learn into products.

Also, entrepreneurial initiatives should be established to support us regardless of the subjects combination.

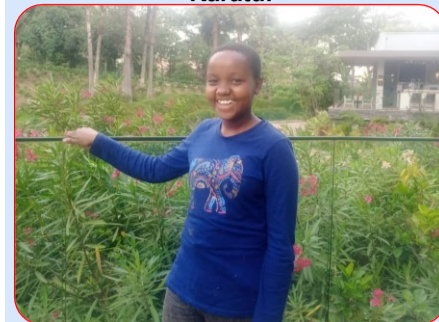
Moreover, the education system must integrate computer and technology in high school in all combinations which study ICT. This will help us to be aware of what is going on in the world of technology. I thank God to be in a school which considers this.

Furthermore, schools should collaborate with successful community members who studied the subjects we are studying.

In conclusion, I wish the education system which will prepare a generation of self-sufficient and skilled individuals. By integrating practical skills, critical thinking, and entrepreneurship in every subject a student learns.

## ANEMIA, AN UNINVITED GUEST

Anecdote by Jolly Ikugeta, Michaud Girls Secondary School, Karatu.



Hallo! My name is Jolly Ikugeta, a 15-year-old student at Michaud Girls Secondary School. Today, I stand before you as both a student and a girl who has faced the sting of anemia.

Since childhood, I've had this peculiar bone growth on my arm. But as time marched on, so did the pain, disrupting my studies.

It wasn't until the 2<sup>nd</sup> of August, 2024, that my mother and I ventured to Fem Hospital in Karatu. There, an orthopedic surgeon, with hands as skilled as a weaver bird, suggested surgery to remove the bone. But a plot twisted, I was diagnosed with severe anemia.

Anemia is like an uninvited guest that drains your energy. It sneaks up on your adolescence due to iron deficiency, much like how a monkey steals maize from the field.

But fear not, for this can be tackled by using a balanced diet. Schools and families should serve meals with iron and vitamin C-rich fruits. Let's enrich our diets with iron-packed foods to keep anemia at bay, like a lioness protecting her cubs.

Remember, a healthy girl is like a well-watered flower, blooming with potential. So, let's nurture our health with the same passion we cheer for our beloved **Taifa Stars**. --Thank you!

## THE TANZANIA'S SGR ENGINEER UNVEILS IN MUFINDI, IRINGA.

By Lisa Boniphase, Bethel Sabs Secondary School, Mufindi.

My name is Lisa Boniphase. I am a 14-year-old Form Two student at Bethel Sabs Secondary School in Iringa. When I grow up, I aspire to become a civil engineer.

My decision to pursue this career was inspired by my father's dedication to his work, which I have had the opportunity to observe during my visits to his workplace.

I chose civil engineering because it plays a crucial role in developing infrastructure, which is vital for the advancement of our nation, Tanzania. Notably, projects like the Mwalimu Nyerere Hydropower Project, which is expected to produce 2,115 megawatts of electricity, will significantly contribute to Tanzania's energy supply and economic growth.

Additionally, I can't wait to be a part of those who engineers the Standard Gauge Railway, which spans over 2,561 kilometers.

These projects draw my attention because they align with my dream of becoming a civil engineer. I am excited about the possibility of contributing to such transformative initiatives in the future of Tanzania.

## GROW WITH VITAMINS CLUB BRINGS A FORTUNE AT HOCET SECONDARY SCHOOL, MKURANGA.

Insights from Club Members; Rasna Mwishaa Ally, Natasha Elias, Suzn Hezron, Linda Jackson, Nuru Juma, Christina Dickson, Fraja Sandos, Collins Swai, Aivan Juma, Shaban Mwambona, Gervas Steven, Elia Michael, Festo Isack.



## AT MAJOYO STREET WHERE CLUB MEMBERS REST AND REFLECT

At HOCET Secondary School in Mkuranga, Coastal Region, we, the members of in the "Grow with Vitamin Club" welcome you to hear our story.

Our school engages us in activities as a key part of our education, providing food and teaching us valuable life skills. In this report we are going to tell one of the activities done at our school through our club, *Grow with Vitamin Club*.

Firstly, in our gardening program, we grow different crops, such as passion fruit, eggplants, tomatoes, and more. Today we will focus on two crops: passion fruit and eggplants.

We started growing passion fruit at HOCET in April 2023. We improved the soil with manure, dry grass, and clay soil. We got seeds from a local farmer and began watering the plants, using pesticides to keep them safe from fungi.

After a few months, we pruned the plants and guided them to grow on wires. In just six months, we harvested our first fruits. This experience taught us the value of patience, teamwork, and the need for critical thinking as we solved problems together in the garden.

We began growing eggplants at HOCET in 2021. Like passion fruits, we prepared the farm and created a seedbed. After two weeks, the seedlings were ready to be moved to the garden. We arranged the plants in rows and used manure and mulch to help them grow.

During this process, we applied what we learned in subjects like biology, chemistry, and geography. This helped us understand the science of plant growth and soil health. After two months, we harvested our eggplants, marking another achievement for our club.

The passion fruits and eggplants we grow are very important for our education. We use these crops for meals, adding vitamins to our diet, and we also include them in our lessons. For example, we learn about different soil types and how to keep nutrients in the soil, which we apply in our gardening.

As members of "Grow with Vitamins Club," we want to share what we know about growing passion fruits and eggplants with others who may be discouraged by their soil conditions. We invite students from all backgrounds to join us and learn about sustainable farming practices.

Looking to the future, we want to expand our gardening projects. We plan to grow more products from our crops, like groundnuts for HOCET's peanut production. We are also thinking about raising livestock to help reduce costs for manure and fertilizers.

By learning together, we can build our knowledge of agriculture and its importance. We expect to open horticulture projects when we finish school, we can collaborate together and form a big company which sells fruits and vegetables.

## IMAGINING A WORLD WHERE NO ONE EVER DIES

By Gentianus Evodius, Deodatus Deus, Beatha Alexander, Wijen Wilson.  
Form Four - Bisheke Secondary School, Muleba-Kagera.

Imagine a world where no one ever dies. This idea might sound nice at first, but it brings many problems that we need to think about. Without death, our planet could face issues as follows;

If death did not exist, the number of people on Earth would keep growing and growing. This increase would lead to overpopulation, which means there would be too many people living in one place. With more people, we would need more resources like food, water, and housing. Unfortunately, our planet has limited resources. The number of people can grow faster than the amount of food we can produce. If we run out of these essential resources, it could lead to fights over who gets what. We would need to find urgent solutions to manage this problem.

Another issue in a world without death is that progress and new ideas might slow down. Each generation learns from the previous one and brings fresh thoughts and innovations. When older people pass away, they make room for younger people to step up and share new ideas. If no one died, we might miss out on new perspectives and advancements. This lack of change could hinder creativity and slow down our growth as a society.

Adjusting to living forever would require significant psychological changes. When people know life is limited, they feel motivated to set goals and achieve them. Without the awareness of death, that motivation could fade. We would need to redefine our aspirations and what it means to grow as individuals.

Living forever could also create emotional problems. The relationships we build with loved ones would never have a natural ending. This means that we might struggle with feelings of grief or sadness because we would never be able to say goodbye. In a world without death, these stages might never be fully experienced, leading to a heavy emotional burden. The inability to find closure could affect our mental health and personal growth.

Without death, our society might also face stagnation. The same people would hold power for a long time, which could limit opportunities for new leaders and ideas to emerge. Democracies need new leaders to represent the changing needs of citizens. If society remained unchanged, people might feel unhappy and disconnected from their leaders, leading to frustration and disillusionment.

Philosophically, if we lived forever, our understanding of life's meaning could change. Without death, people might struggle to find purpose and motivation in their lives. The urgency that comes from knowing life is limited drives us to achieve our goals. In a world where time is endless, people might feel lost and question what it means to live a meaningful life.

A world without death would also raise ethical questions. If people live forever, we might need to think about what kind of life we want to maintain. Discussions about healthcare, treatment options, and overall well-being would become more complex. We would need to rethink our moral standards in light of these new challenges.

The nature of human relationships would also shift in a world without death. The pain of losing someone often deepens our connections and makes them more meaningful. If no one ever died, people might avoid emotional pain, making relationships less intense and impactful. This shift could result in a society where emotional ties are weaker, affecting how we connect with one another.

Religious beliefs would also be challenged in a world without death. Many religions are built around the idea of life after death. Without death, people might need to reassess their faith, leading to confusion and uncertainty within religious communities. The absence of death could spark a search for new meaning as individuals navigate their beliefs in a timeless existence.

Lastly, healthcare would undergo significant changes in a world without death. Medical advances usually aim to extend life, but if life had no end, the focus might shift from curing diseases to maintaining life indefinitely. This change could lead to debates about the quality of life and ethical choices in healthcare. The question of whether it's better to have a long life or a good life would become crucial, requiring our healthcare system to adapt to these new challenges.

In conclusion, while a world without death might seem appealing, it brings many complex issues that challenge our understanding of life, society, and what it means to be human. We would need to rethink our social structures, emotional health, and personal ambitions, prompting deep reflection on the essence of living.

## My Summer Gardening Project

BY Kendrick Emanuel, Black Rhino Academy

My name is Kendric, I am six years old. I am in grade two at Black Rhino Primary Academy, Karatu.



I love learning new things and exploring the world around me.

During the summer holiday in 2024, I decided to take on a gardening project. I wanted to learn how to grow plants and create my own little garden.

I learned that plants need sunlight, water, and nutrients to grow healthy and strong.

To start my garden, I first chose a good spot for sunlight in our yard. I prepared the soil by digging it up.

Watching my plants grow was a fun and rewarding experience.

Once I planted the flowers, I made sure to water them and keep an eye on their growth.

To see how I my garden looks like search '**Kendrick Emanuel in Summer Holiday**' on YouTube

## SPENDING A WEEKEND ON TAILORING

By Abdallah Suleiman, HOCET SECONDARY SCHOOL

My name is Abdallah Suleiman Membe. I am a form three student at HOCET Secondary School which is found in Mkuranga District, Costal Region-Tanzania.



I and my friends we are in the **tailoring club**. My club members are; Christina, Abdallah, Donister and Samwell. We love our school because it gives us opportunities for both formal and informal education.

Formal education includes subjects we learn in class which are chemistry, Physics, Mathematics, Biology, Geography, English, History Civis etc.

Our teachers have their own heaven. Starting with our headmaster who always encourages us to never get tired.

Our teachers play a parenting role. Most of time on week days we spend with them in classes. During extra curricular time and weekends we are with them in our club.

We welcome you to bring your order and vist our tailoring workshop at our school.

Informal education at our school includes tailoring clothes , agriculture, animal keeping and gardening.

To see how we do tailoring search us on YouTube **HOCET SECONDARY SCHOOL TAIROLING CLUB on weekend**

## HOW MUSIC IMPROVES NUMERACY SKILLS

By David Guma, ST. Theresea Primary School, Morogoro

My name is Daniel Guma. I am in grade two at St. Theresea Primary School in Bigwa- Morogoro.



I like playing drums. I use my weekends and holidays to practice drums. Drum beats help me to count fast. I count beats the way I count in class.

I and My brother David, we spend weekends and holidays at **CLA Music Training Centre** in Morogoro town. My brother likes playing piano and we sing together in our church.

Welcome to play with us by searching **DANIEL GUMA ON WEEKEND** on YouTube.

## SPENDING WEEKENDS CREATING LEARNING AIDS

By Ayoub A. Mkwawa, Shinyanga

My name is Ayoub Abeid Mkwawa, and I am 9 years old. I study at Savannah Plains Pre and Primary School.



I aspire to become an environmental scientist. To be an environmental scientists needs to study geography and science subjects.

Last weekend we engaged in preparing environmental learning aid. We all enjoy learning Geography, and our project even surprised our teachers!

I spend my weekends on designing modals for environmental science.

Our Head Teacher always prays for each of us to achieve our dreams.

Together with my friends Richard, Asteria, and Iva, we create learning aids about sources of water. We do this with the help of our teachers.

To see our project, search on YouTube '**Water Management Modal at Savannah Plains Primary School**'

## TIVO CLUB MENTORS/SUPERVISORS

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18. Lightness Iisojick (Black Rhino Academy International School-Karatu)

## WEEKENDS AT ST. ROBBERT ACADEMY

By Maria B. Luta, Dar Es Salaam



My name is Maria Boniface Luta. I am in grade three at Greenbelt primary school, Mbezi-Dar Es Salaam.

My father is inspiring me and he links me with friends whom I will go with in the moon when I grow up. One of these friends is Dr. Angella who works with NASA

I want to become an astronomer. Every weekend he teaches me how objects in the space look like. He also teaches my friends about solar system at St. Robert Academy by using a device called **Mugana Solar System Kit**.

This kit illustrates the positions of planets in space. Welcome to learn with us on solar system.

Visit **Mugana Solar System Kit Demo** on YouTube

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